|  |  |  |  |
| --- | --- | --- | --- |
| **Verbs** | **Prepositions** | **Roles** | **Grips** |
| Stand | Up | Base | Simple |
| Face | With | Helper | Double hand |
| Lie | On | Top | Doble cross mixed |
| Sit | Down |  | Doble clamp |
| Bend | By |  |  |
| Extend | Next to |  |  |
| Lift | Over |  |  |

**WORDS BANK**

|  |  |
| --- | --- |
| **Part of the body** | **Position** |
| Back / schiena | On all four / Quadrupedia |
| Feet / piedi | Sitting down / sedersi |
| Hands /mani | On your kness / sulle ginocchia |
| Finger / dito | Lying on the floor / disteso al suolo |
| Elbow /gomito | Lying in back/on side / disteso sulla schiena – sul fianco |
| Arms / braccia | Prone position / posizione prona |
| Shoulder / spalla | Crouch / accovacciato  |
| Legs / gambe | On tiptoe / sulle punta dei piedi |
| Neck / collo | Facing/face to face / faccia a faccia |
| Face / viso | Back to back / schiena a schiena |
| Head / testa | In pairs / a coppie |
| Ankle / caviglio | Make a row / Fare una fila |
| Hip / anca | Backwards / indietro  |
| Wrist / polso | Forwards / avanti |
| Knees / ginocchia |  |